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Intracardiac Fungal Ball in A Preterm Newborn with Congenital Heart Disease Complicated by Right Atrial Mycetoma Obstructing Tricuspid Valve.

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ABSTRACT

We present an unusually large intracardiac fungal ball for the first time in a preterm neonate measuring 18mm x 9 mm with congenital heart disease complicated by right atrial mycetoma attached to atrial septum protruding in and out of tricuspid valve producing tricuspid flow obstruction. Size of fungal ball rapidly progressed from 7mm x 8mm to 18mm x 9mm in a span of 8 days after starting systemic antifungals. Mycetoma was surgically removed salvaging RA septum.

Keywords: intracardiac fungal ball, new born, mycetoma, tricuspid valve.

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Case presentation

An early preterm (31 weeks) male baby born to a primi mother by normal vaginal delivery presented at 4 hours of life to our neonatal intensive care unit. He had tachypnea and respiratory distress (DOWN's score-7), hence intubated and ET surfactant (Curosurf) was given and connected to SIMV mode of ventilation later switched over to CPAP in view of persistent distress . Developed jaundice on day 4-given phototherapy for 24 hours, started on trophic feeds. On day 7 of life, developed tachycardia with bounding pulses, wide pulse pressure, and tachycardia, suspected to have hemodynamically significant PDA and was started on Lasix, fluid restriction. 2D ECHO confirmed the same and hence given a trial of Ibuprofen for PDA closure for 3days.Screening investigations done were suggestive of sepsis with total leucocyte count of 22,000cu.mm, platelet count of 35,000cu.mm. Hence, empirically started on antibiotics- Pipzo, Amikacin later graded up to Ceftazidime. In view of persisting murmur, repeat 2D ECHO showed large growth on tricuspid valve measuring 7mm x 8mm suggestive of vegetation. Same day as blood culture showed candida species, abdominal catheter was removed and systemic liposomal amphotericin B and fluconazole were started. Serial 2D echocardiography done showed increasing size of the fungal mass. Repeat 2D ECHO done on day 17 of life showed 18mm x 9mm large right atrial mass attached to right atrial septum protruding in and out of tricuspid valve producing tricuspid flow obstruction with RA and RV dilatation. Mycetoma was surgically removed salvaging RA septum, histopathology confirmed candida albicans. Baby is under regular follow-up with adequate weight gain.



Subcostal view showing 8mmx 7mm mycetoma in RA Fungal ball in RA



Subcostal view showing 18mm x 9mm mycetoma in RA Fungal ball in RA





Parasternal short axis view showing significant PDA



Continuous wave Doppler showing moderate-severe TR Tricuspid regurgitation

DISCUSSION

Among antifungals, Candida species are the most common nosocomial infections in neonatal intensive care units especially in developing countries. Though C. albicans is the most common candidial infection, incidence of infections caused by non-albicans Candida species has been reported (1). Prematurity, premature rupture of membranes, intubation and mechanical ventilation, central venous catheters, broad-spectrum antibiotics, lack of enteral nutrition and prolonged parenteral nutrition are risk factors for invasive candidiasis. Systemic fungal infection is the third most frequent cause of late-onset sepsis in very low birth weight infants (2). A combination of Liposomal amphotericin and Fluconazole often used in cases of right atrial mycetoma (3). Depending on size and location of right atrial mycetoma, surgery has an important role in a select group of neonates. Right atrial mycetoma's are a potential source of embolism and hemodynamic compromise with obstruction of tricuspid inflow (3, 4, 5).

Candida sepsis is one of the most dreaded nosocomial infections in developing countries, if not treated aggressively may cause morbidities leading to mortalities in no time. Role of Liposomal amphotericin, Fluconazole and surgical management was evident from the literature. We suggest the threshold limit for serial

7(5)



2D echocardiography has to be reduced especially in preterm/low birth weight babies with central venous cannula.

Hereby, we strongly recommend prophylactic anti-fungal in high risk neonates and early surgical intervention, due to rapid growth of right atrial mycetoma as evidenced in our case report.

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